



PROVIDE FIRST AID HLTAID003

Previously known as Apply First Aid, Senior First Aid or Level II First Aid.

This course will provide you with the knowledge, skills and confidence to enable you to sustain life and minimise the consequences of injury and illness until professional help arrives.

Who can do this course?

All persons who may be required to provide a first aid response in a range of situations, including community and workplace settings.

Pre-requisites

Participants must have basic computer skills and access to a reliable computer with internet and e-mail access. Participants must be able to bend and kneel on the floor to perform CPR for at least 2 minutes. No prior knowledge is required.

What to bring

A pen, Drivers Licence or equivalent, Your USI*

Regulatory Requirements

It is recommended by the Australian Resuscitation Council (ARC) that:

HLTAID001 Provide CPR is completed every 12 months
HLTAID003 Provide First Aid every 3 years

Specific licensing /regulatory requirements relating to this competency, including requirements for refresher training should be obtained from the relevant national/ state/territory Work Health and Safety Regulatory Authorities.

*USI - Unique Student Identifier is a Commonwealth Gov't Reference, available from www.usi.gov.au

Delivery

May be facilitated at a customer's site or one of our Training Centers - Please call to enquire

Single Day Delivery \$149 per person

Pre - Study required via print copy or online training sent to you prior to the practical day. This format suits people with previous First Aid Training or experience.

Two Day Delivery \$165 per person

No Pre - Study required.

Full training provided prior to your assessment ideal for those who are new to First Aid.

Assessment

Assessment is conducted by the below methods:

- Theory Questions(Print or Online)
- Multiple Choice Test(face to face)
- Practical Assessment(face to face)
Including at least 2 minutes of uninterrupted single rescuer cardiopulmonary resuscitation (CPR) (5 cycles of both compressions and ventilations) on an adult & infant resuscitation manikin placed on the floor

Completion

On successful completion participants will be issued with a Statement of Attainment with the following units:

HLTAID001 Provide Cardiopulmonary Resuscitation
HLTAID002 Provide Basic Emergency Life Support
HLTAID003 Provide First Aid

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